

Unit Organizer

Softball

Performance Assessments:

Teacher Observations
Skills Assessments

Standards Met

Standard 1 Demonstrates competency in a variety of motor skills and movement patterns.
Standard 2 Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
Standard 4 Exhibits responsible, personal and social behavior that respects self and others.
Standard 5 Recognizes the value of physical activity for health, enjoyment, challenge, self expression and/or social interaction.

Learning Targets

1. I can learn the history of the game of softball.
2. I can perform basic fundamental skills.

Essential Questions

What are the fielding positions?

What are the fundamentals of the Proper batting stance?

Unit Map

Is about...

Learning the basic rules and skills needed to play recreational slow pitch softball.
Having the ability to watch a baseball/softball game and understand what is happening.
Having the ability to transfer the basic skills and fundamentals of this activity to other similar activities.

Nature of the game

1. Playing area
2. Equipment
3. Rules/Terminology

4. Scoring

5. Positions

Fundamental skills

1. Catching
2. Throwing
3. Hitting
4. Base Running

Game strategy

Offensive tactics
Defensive tactics

Game Variations

1. Kickball—variations
2. Matball - variations
3. Whiffleball

Pacing

6-8 class periods

Vocabulary

1. Force out
2. Tag up
3. Sacrifice
4. Double play
5. Tag out